

## CLAIMS

1. An external patch comprising a backing and a pressure-sensitive adhesive layer, wherein the pressure-sensitive adhesive layer is made of an acrylic pressure-sensitive adhesive containing, as an essential ingredient, 0.01 to 1% by weight of an isocyanate-based crosslinking agent and contains 0.5 to 10% by weight of a female hormone as an active ingredient.

2. The external patch according to claim 1, wherein the female hormone is estradiol and/or its derivative, or norethisterone and/or its derivative.

3. An external patch comprising a backing and a pressure-sensitive adhesive layer, wherein the pressure-sensitive adhesive layer is made of an acrylic pressure-sensitive adhesive containing, as an essential ingredient, 0.01 to 1% by weight of an isocyanate-based crosslinking agent and contains 0.5 to 10% by weight of estradiol and/or its derivative as an active ingredient, 0.1 to 10% by weight of crotamiton, and 0.1 to 10% by weight of oleic acid.

4. An external patch comprising a backing and a pressure-sensitive adhesive layer, wherein the pressure-sensitive adhesive layer is made of an acrylic pressure-sensitive adhesive containing, as an essential ingredient, 0.01 to 1% by weight of an isocyanate-based crosslinking agent and contains 1 to 30% by weight of isopropyl myristate as a distribution coefficient control agent and 0.5 to 10% by weight of norethisterone and/or its derivative as an active ingredient.

5. The external patch according to any one of claims 1 to 4, wherein the backing is a laminate structure comprising a polyethylene terephthalate film having a thickness of 0.1 to 10  $\mu\text{m}$

and a flexible polymer film, a non-woven fabric, or a woven fabric having a thickness of 1 to 200  $\mu\text{m}$ .